Living My Best Life?

"Living my best life" is a popular phrase used on social media to describe good things in a person's life. However, its origin doesn't come from the most wholesome of sources. The phrase is featured in the 2018 hip hop song "Smile" by Lil' Duval and contains derogatory and explicit language which is repeated over 50 times in the 4 minute song. The infamous "F-word" appears at least four times within the lyrics of the popular tune. It seems that once a catchy phrase becomes in vogue, the source doesn't seem to matter and I believe this is the case of "living my best life". I've observed the use of the phrase on social media and the #livingmybestlife appears on posts about family gatherings, fishing trips and cooking good things to eat. I've seen it on kid's ball games and camping trips and just about anything that is "good" in life.

As Christians we must carefully consider how we present ourselves to the unchurched and unsaved world. Remember that we are not to be conformed to this world, but are to be transformed by having a spiritual attitude concerning all aspects of life (Romans 12:1-2). Are we at liberty to live our best life? We most certainly can, because we trust in the living God, who gives us richly all things to enjoy. (1 Timothy 6:17) For the Christian, living my best life means living for Christ and sharing the message of salvation to those around us. Living my best life means that I live humbly in servitude to my Lord and fellowman. (Mark 12:30-31)

So the next time you want to show off your "best life", why not take a photo during family bible study, bible class, worship or during the yard service after church and post it with #livingmybestlife. By doing so, you'll show the world what living the best life is really all about!

That which has been is what will be, That which is done is what will be done, And there is nothing new under the sun.
Is there anything of which it may be said, "See, this is new"?
It has already been in ancient times before us.
(Ecclesiastes 1:9-10)