

Reasons Why You Should Comfort Others

It's well documented that receiving comfort can help ease and alleviate feelings of grief and distress. When you give comfort, you give hope and strength to others. Here are a few reasons why you should share comfort:

- When you comfort others, you'll feel better about yourself.
- When you comfort others, it helps develop a closer connection to that person.
- When you comfort others, it gives your own life purpose and meaning.
- When you comfort others, you can make them smile (and you'll smile too).
- When you comfort others, God is working through you to accomplish His promise of giving comfort to those who are suffering. (2 Corinthians 1:3)

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