

## Are You Worried Yet?

It would seem that everywhere we turn, we're being told that we should be worried about something. If you watch the news, then they're telling us that we should be worried about the economy, politics, homelessness, world hunger, endangered animal species, the environment, our health and the weather. If you watch the commercials in between the newscast, then we're to be concerned about having the right clothes, shoes, houses or cars. They tell us that we should worry about our savings and investments or our children might not get to go to college. We're told we need insurance for our house, car, teeth, eyes, ears, and anything else that might fail us. We can now purchase insurance in case our car's transmission breaks or the refrigerator goes on the blink. They say we need to have a certain lawyer's number handy just in case we're injured in an accident. Are you worried yet?

The truth is that we spend a lot of our time worrying about things that never come to pass and as Christians, we are not to be a worrying people. We have put our trust, not in the securities of physical life, but in God. Jesus said, "*Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?'*" He then said, "*Therefore do not worry about tomorrow...*" (*Matthew 6:31-34*). Now does that mean that we should be "happy-go-lucky" through life without a concern in the world? Certainly, we are to be concerned about our relationship with God, raising our families, being good stewards over our blessings, and helping our fellow man. But not to the point that it cripples us into a state of ineffectiveness. The bible tells us not to worry, but in everything give thanks to God and His peace, which surpasses all understanding will guard our hearts through Jesus Christ. (*Philippians 4:6-7*). We can have confidence and ease our worries because, as Peter wrote, we can cast all our cares upon God because He cares for us. (*1 Peter 5:6*)

*Jay Launius 2021  
Maud church of Christ  
Maud, Texas*