

Let Us Lay Aside Every Weight; Hebrews 12:1-2

Introduction

“Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith.”

- **WEIGHTS -**
 - **W**orldliness
 - **E**nvy
 - **I**gnorance
 - **G**reed
 - **H**abits
 - **T**ongue
 - **S**trife
- Answers come from the New King James Version of the Bible

I. **Worldliness**

- a. We must deny _____ and _____. (Titus 2:11-13)
- b. _____ with the world can and will _____ us from God. (James 4:4)
- c. Don't be _____ to the world be rather be spiritually _____. (Roman 12:2)

II. **Envy**

- a. Christians should never envy _____. (Psalm 37:1-4)
- b. Envy is listed with the works of the _____ in Galatians 6:19-21, therefore sinful envy will keep one from inheriting the _____ of _____.
- c. True brotherly _____ does not envy. (1 Corinthians 13:4)

III. **Ignorance**

- a. We can be spiritually destroyed by a lack of _____. (Hosea 4:6)
- b. It's true that we can have a _____ for God but not according to _____. (Romans 10:1-3)
- c. We are to grow in the grace and knowledge of our _____ and _____ _____ _____. (2 Peter 3:18-19)

IV. Greed

- a. Christians do not steal but earn what they have by _____ working with their _____ . (Ephesians 4:28)
 - i. We work so that we can have something to _____ him who has _____ .
- b. If we have the basic needs of life we should be _____ . (1 Timothy 6:8-10)
- c. The person who is generous will be made _____ . (Proverbs 11:25)

V. Habits

- a. Once we truly repent we leave behind the bad habits of our _____ .
(1 Peter 4:3)
- b. Christians _____ (live) in the _____ and therefore do their best not to give in to bad habits. (Galatians 5:16)
- c. If we cling to what is _____ we will develop and practice good habits. (Romans 12:9)

VI. Tongue

- a. The person who can control their _____ shows that they are _____ (mature) and can control the _____ . (James 3:2)
- b. The Christians speech should always be with _____ (positivity). (Colossians 4:6)
- c. Let it never be said of us that _____ and _____ come from the same mouth. (James 3:10)

VII. Strife

- a. Many times strife comes from selfish _____ for _____ . (James 4:1-3)
- b. One way to avoid strife is to regard others _____ than _____ . ((Philippians 2:3)
- c. As God's servants we must refuse to _____ but be _____ to all. (2 Timothy 2:24)

Conclusion:

- We started and will finish the lesson with these words:

“Let us lay aside every weight, and the sin which so easily ensnares (entangles) us” and “look to Jesus, the author and finisher of our faith.”