

## Just One Hour – Matthew 26:40-41

### I. Sleeping Disciples

1. After returning from His first period of prayer, what did He find the disciples doing?  
(v. 40) \_\_\_\_\_
2. Next, Jesus told them to \_\_\_\_\_ and \_\_\_\_\_. (v. 41)
  - a. For what purpose were they to do this? To prevent falling into \_\_\_\_\_.
3. We can cast all our \_\_\_\_\_ on God because He \_\_\_\_\_ for us. (1 Peter 5:6-8)
  - a. We must be \_\_\_\_\_ - \_\_\_\_\_ and \_\_\_\_\_ because the devil wants to destroy us.
4. We need to be spiritually awake because Satan sometimes disguises himself as an \_\_\_\_\_ of \_\_\_\_\_. (2 Corinthians 11:14)
5. We must not \_\_\_\_\_ spiritually as others do. (1 Thessalonians 5:6)
6. Be serious and watchful in your \_\_\_\_\_. (1 Peter 4:7)

### II. Not Asking Much

7. Jesus said, “So, could you not watch with me one \_\_\_\_\_?” (v. 40)
8. How long does it take to recite the model prayer of Matthew 6:9-13? \_\_\_\_\_
9. Through and by prayer, God has given us a way of \_\_\_\_\_ from temptation. (1 Corinthians 10:13)

### III. Willing but Weak

10. “The spirit indeed is \_\_\_\_\_, but the flesh is \_\_\_\_\_.” (v. 41)
11. I do not do the \_\_\_\_\_ I want to, but the \_\_\_\_\_ I don’t want to do is what I do!  
(Romans 7:15, 19–20)
12. Therefore \_\_\_\_\_ to God. \_\_\_\_\_ the devil and he will flee from you. (James 4:7)
13. James 5:16 says that we are to \_\_\_\_\_ for one another.
14. When we let our \_\_\_\_\_ be known to God, we’ll receive His \_\_\_\_\_ and our \_\_\_\_\_ and \_\_\_\_\_ will be guarded through Jesus Christ. (Philippians 4:6–7)